

How Do We Most Effectively Recruit and Retain Our Workforce?

The views of GP trainees & early career GPs

Why Choose GP?

General Practice is a welcoming and flexible specialty, offering a broad range of experiences and opportunities.

- Portfolio career options are often encouraged.
- GPs, as specialists in family medicine, play a vital role in the community often caring for whole families.
- Early and broad exposure to General Practice ensures doctors understand and have experience of primary and community care.



Preventing burnout

Unsustainable workloads, complex caseloads, isolated working and recent intensive media scrutiny have contributed to high rates of burnout for GPs.

- Investment in recruitment and retention of **all** members of the primary care team is crucial for ensuring a resilient workforce.
- Feeling supported and respected by colleagues, patients and communities is essential for workforce wellbeing.
- Team-centred continuity of care, improved links with secondary care and stronger support networks could reduce feelings of isolation.
- Longer appointments, where needed, to reduce time pressures may help.

Improving recruitment to underserved areas

Barriers to working in underserved areas are complex & multi-factorial.



- Greater exposure to managing health inequalities, rurality, multiple co-morbidities, and complex trauma may build confidence in working in these areas.
- Promoting healthcare roles, providing mentorship and additional access schemes to students from underserved areas may improve recruitment in these areas.
- Workforce diversity is essential, enabling us to represent the communities we serve.